

2025 – 2026 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A (TOP FLOOR – FAR RIGHT OFFICE SIDE)					
1:30 – 2:30 ACADEMY HIP HOP	3:15 – 4:15 HIP HOP 3	3:30 – 4:30 PRE INTER COMPETITIVE TAP	3:15 – 4:15 JR COMPETITIVE CREW	3:30 – 4:30 JR COMPETITIVE BALLET	
3:15 – 3:45 HIP HOP 1	4:15 – 5:15 INTER & SR CREW TECH	4:30 – 5:30 CHOREOGRAPHY	4:15 – 5:15 PRE INTER COMPETITIVE CREW	4:45 – 5:45 INTER FOUNDATIONS BALLET	
3:45 – 4:15 MINI HIP HOP	5:15 – 6:15 PRE INTER CREW TECH	5:30 – 6:30 INTER COMPETITIVE JAZZ 2	5:30 – 6:30 INTER COMPETITIVE CREW 1	5:45 – 6:30 POINTE 2	
4:30 – 5:30 HIP HOP 4	6:30 – 7:30 INTER COMPETITIVE CREW 2	6:30 – 7:30 TEEN LYRICAL	6:30 – 7:30 SR COMPETITIVE CREW	6:30 – 7:15 POINTE 3	
5:30 – 6:30 HIP HOP 5					
6:30 – 7:30 JAZZ 6					
7:30 – 8:30 SR COMPETITIVE TAP					
STUDIO B (TOP FLOOR – FAR LEFT SIDE)					
3:15 – 4:15 GRADE 3/4 BALLET	3:15 – 4:15 JR BALLET TECH	3:30 – 4:15 PRIMARY/GRADE 1 BALLET	3:15 – 4:15 JAZZ 3/4	3:30 – 4:30 PRE INTER COMPETITIVE BALLET	
4:15 – 5:15 GRADE 5 BALLET – EXAM	4:15 – 5:15 SR COMPETITIVE BALLET	4:30 – 5:30 CHOREOGRAPHY	4:15 – 5:15 INTER COMPETITIVE JAZZ 1	4:30 – 5:30 PRE POINTE & POINTE 1	
5:00 – 6:00 SR COMPETITIVE MODERN STAGE	5:15 – 6:15 INTER COMPETITIVE BALLET	5:30 – 6:30 ADVANCED BALLET – OPEN	5:15 – 6:15 JAZZ TECH 3		
6:00 – 7:00 ADVANCED BALLET – OPEN	6:30 – 7:30 GRADE 5 BALLET – EXAM - 2 nd Class	6:30 – 7:30 INTER COMPETITIVE MOD STG	6:30 – 7:30 JAZZ 5		
7:00 – 7:45 POINTE 4	7:30 – 8:30 ACRO 6	7:30 – 8:30 GRADE 5/6 BALLET	7:45 – 8:45 SR COMPETITIVE JAZZ		
STUDIO C (TOP FLOOR – FRONT LEFT SIDE – ACROSS FROM OFFICE)					
3:15 – 4:15 JR & PRE INTER COMPETITIVE MOD STG	3:15 – 4:15 JAZZ TECH 1	3:15 – 4:15 JR COMPETITIVE JAZZ	3:15 – 4:15 PRE INTER COMPETITIVE CONTEMP	4:30 – 5:15 ACRO 1/2	
4:15 – 5:00 JR & PRE INTER TAP TECH	4:15 – 5:15 JAZZ TECH 2	4:30 – 5:30 CHOREOGRAPHY	4:30 – 5:15 JAZZ 2	5:30 – 6:30 ACRO 3/4	
5:15 – 6:15 INTER FOUNDATIONS BALLET	5:15 – 6:15 PRE INTER JAZZ	5:30 – 6:30 PRE INTER LYRICAL	5:15 – 6:00 HIP HOP 2	6:30 – 7:30 ACRO 5	
6:30 – 7:30 INTER PBT	6:30 – 7:30 INTER COMPETITIVE CONTEMP	6:30 – 7:30 SR CONTEMP 1	6:30 – 7:30 INTER COMPETITIVE TAP		
7:30 – 8:30 SR PBT		7:30 – 8:30 SR CONTEMP 2	7:30 – 8:30 ADULT TAP		
STUDIO D (BOTTOM FLOOR – FRONT LEFT SIDE – ACROSS FROM WAITING ROOM)					
3:15 – 4:00 MUSICAL THEATRE 1/2	3:15 – 3:45 PRE BALLET	3:15 – 4:15 MUSICAL THEATRE 3	3:15 – 3:45 PRE BALLET		9:30 – 10:00 PRE BALLET/MINI JAZZ
4:00 – 4:45 TAP ½	3:45 – 4:15 PRE PRIMARY BALLET	4:15 – 4:45 JAZZ 1/2	3:45 – 4:15 MINI JAZZ		10:00 – 10:45 PRE PRIMARY/JAZZ 1
4:45 – 5:15	4:15 – 4:45 JAZZ 1	4:45 – 5:30 PRE COMPETITIVE BALLET	4:15 – 5:15 TAP 3		
5:15 – 6:15 JR COMPETITIVE TAP		5:30 – 6:00 STRETCH	5:30 – 6:30 TAP 4/5		
6:15 – 7:15 HIP HOP 3B					
TAPROOT FITNESS - OFFSITE					
	6:15 – 7:15 GYM w TANYA AT TAPROOT GYM			3:30 – 4:30 GYM w TANYA AT TAPROOT GYM	